

WORKSHEET

Eco-Friendly 30-Day Challenge

Instructions: Become an eco-warrior by completing one challenge each day! Will you be able to do all 30 challenges?

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
Start a Nature Notebook	Start a compost pile	Reduce plastic use	Turn off lights	Plant a tree
DAY 6	DAY 7	DAY 8	DAY 9	DAY 10
Turn off water while brushing	Try making a no-waste lunch	Recycle at least 5 items	Take a shorter shower	Collect rainwater
DAY 11	DAY 12	DAY 13	DAY 14	DAY 15
Use a reusable straw	Start planting a garden	Participate in a local clean-up	Use a reusable grocery bag	Write on both sides of a paper
DAY 16	DAY 17	DAY 18	DAY 19	DAY 20
Build a DIY birdfeeder	Use a reusable water bottle	Donate items (clothes, toys)	Repurpose old clothes	Take a nature walk
DAY 21	DAY 22	DAY 23	DAY 24	DAY 25
Pick up trash	Unplug unused technology	Sort glass, paper, and plastic	Switch to energy efficient bulbs	Watch a movie about the planet
DAY 26	DAY 27	DAY 28	DAY 29	DAY 30
Bike somewhere instead of driving	Declutter a room in the house	Visit a farmer's market	Read a book about the planet	Buy an item from a thrift store